**Beginner** classes build a solid foundation of skills.

**Improver** classes allow children to start to become confident in deep water.

**Advanced** classes move from Stages to Water Skills and Water Safety. This allows children to develop deep water skills and confidence as well as learning to stay safe in a variety of water situations, rather than a focus on solely perfecting the strokes.

Distance awards (how far children can swim non-stop unaided) are completed alongside the scheme as and when children are ready.

200m+ are assessed in a separate distance session - not in lessons (you will be invited to this session when appropriate).

For swimmers that had already completed a significant part of Stage 5 (or higher) we will continue to assess against Stages 5 – 7, alongside the new pathway.

For Advanced swimmers there is also the opportunity to complete other awards such as Rookie lifeguard. We also offer children in Improver stages and above the opportunity to take part in open water swimming sessions in the Summer months.

This pathway has been designed to meet our aim at Brooks Swim School; to create competent swimmers with the skills necessary to be as safe as possible in a variety of water situations.

**Enter scheme**

Entry point dependent on age

**ADVANCED**

Water Skills 4

Water Safety 1



Water Skills 5

Water Safety 2



Water Skills 6

Water Safety 3

**IMPROVER**

Stage 3

Stage 4

**BEGINNER**

Ducklings 1-4

Stage 1

Stage 2